NATURE THERAPY PROGRAMS

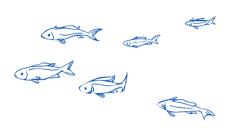
BREATHE WITH THE SEA

This 2 hour event invites participants to learn more about the wonders of the ocean and its role in creating the air we breathe.

Participants engage in contemplative breathing exercises before giving back to the ocean with a beach cleanup activity.

TEAM BUILDING

Strengthen your team's relationships and trust through nature-based and contemplative team-building exercises.



Waterspirit will conduct programs at our location or yours. In a time when budgets and busses are factors in arranging field trips, our educators can bring the program to you. Programs can be custom tailored for you to be conducted in the classroom, in the schoolyard or in a nearby natural area.

Waterspirit programs cost \$200 for the first program and \$100 for any additional programs the same day at the same location.

Are you interested but struggling to cover the cost of a program? Contact Waterspirit! We will work with you to give your children the environmental education they deserve.

OUR PROGRAMS

Waterspirit is a non-profit, nondenominational program. Through education, reflection, action and celebration, Waterspirit programs deepen appreciation of water and its place in the community of life, increases understanding of water issues, and empowers people to participate in the protection and preservation of water.

Age levels are recommendations. If you are interested in one of the other programs for your group, we can make it work for you. Our staff has decades of experience. If you are studying a subject you don't see listed, ask us what we can do for you.

We ask that you kindly inform us of special needs accommodations we can make for your students.

Contact us today to customize your group's experience.

CONTACT US



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WATERSPIRIT

ENVIRONMENTAL EDUCATION PROGRAMS



PROGRAMS FOR UPPER GRADE LEVELS

DRAGONFLY POND

This thought provoking program allows participants to design a plan of human land use activities around a wetland. They determine the best locations for homes, businesses, industries, and farms with respect for the environment. Environmental protection and environmental justice issues will be covered.

HOW'S THE WATER

Your students are scientists! In the field, or at your location, participants will scientific water quality tests and discuss the results. We will then engage in conversations about why we study water quality.

WHAT'S THE BUZZ

Aren't insects amazing? They pollinate plants and are a vital part of the food web. What else is amazing about insects? Are pollinators in peril? Why do we need insects? Join us as we explore the wonderful world of insects!

WONDERFUL WETLANDS

We hear the term wetland and we often think of wasteland. But wetlands serve a vital role in our ecosystem. Let's explore the wetlands to learn what makes them so important to wildlife, to the waterways and to society!

YOU ARE WHAT YOU EAT

Through exciting game play, participants will learn about predator/prey relationships, dangers of contaminants in the food web and environmental justice.

ENVIRONMENTAL SCIENCE PROGRAMS

Waterspirit has a variety of programs available to enrich your curriculum and help you fulfill the Climate Change education standards and the NJSLS.



PROGRAMS FOR YOUNGER GRADE LEVELS

ANIMAL HOMES AND HIDEAWAYS

Who goes there? Animals can be found all over this beautiful planet, from a hole in the ground or a nest high in a tree. Let's enjoy stories, games and exploring to learn more about animal homes and hideaways.

SENSIBLE SENSES

Children have an innate sense of wonder.
With a little guidance, we can use our 5
senses to explore nature and feel connected
to the earth.

TERRIFIC TREES

Trees are terrific. They provide us with clean air. They consume water and help prevent flooding. They provide us with food and shelter. We simply couldn't survive without them. Let's get up close and personal to learn more about terrific trees.

POWERPOINT PROGRAMS VIRTUAL OR IN PERSON

AMAZING ADAPTATIONS

Animals and Plants have evolved to survive great challenges from finding food to avoiding predators and so much more. Let's explore these Amazing Adaptations together. Then we will use our creative thinking skills to develop a brand new animal that is built for survival.

AOUATIC ANIMALS OF NEW JERSEY

There are approximately 450 species of vertebrate wildlife which can be found within the Garden State. This is an exceptional number of species for a state as small as New Jersey. Learn a little more about these amazing creatures, where they live and how they are adapted to surviving in aquatic habitats.



YOUTH COMMUNITY ENGAGEMENT

Are you frustrated by climate inaction?
Are you eager to take that frustration and turn it into something meaningful?
Join us as we focus on how to engage towards community resiliency. Together, let's learn about power, how local decision-making occurs, how to get a resolution passed and how to help your network help you.

We carry the potential to lead our leaders into understanding that a livable future is only possible when young people are at the helm.